



मध्याह्न भोजन योजना
Mid Day Meal Scheme

Fortification in MDM Scheme

A Group Presentation

By:-

Bihar, Delhi, Dadar Nagar Haveli,

Gujrat, Rajasthan

&

Uttar Pradesh

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Team Members of Group - 2



1.Requirement of Fortification

- a) Prevents/reduces the risk of deficiency of one or more essential nutrients
- b) Improves nutritional status of one or more essential nutrients
- c) It helps in meeting RDA of one or more essential nutrients;
- d) Maintains or improves health;
- e) Maintains or improves the nutritional quality of foods.

2. Ingredients need to be fortified in MDM

- a) Salt
- b) Edible oil
- c) Wheat
- d) Rice

3. Problem Facing

- a) Costs, Fixed & Recurring, related to fortification is very high.
 - i. Space for Mill*
 - ii. Infrastructure requirement e.g. Building, Machinery etc*
 - iii. Staff specially experts in this field*

iv. Repackaging of wheat flour

v. Maintenance of infrastructure

b) Transportation of fortified food grain (Wheat flour, Rice) to schools

c) Storage of fortified wheat flour in schools

I. Poor infrastructure of schools.

II. Natural disaster like flood, drought or humid climate.

d) Centralized purchase (Salt/Oil etc) in big States like U.P. & Bihar etc.

e) Quality Control-

f) Psychological- Universal acceptance due to change in taste & appearance of cooked food.

4. Probable Suggestions for fortification

- a) It should be mandatory for NGOs or Centralized Kitchen to use fortified salt, oil & food grains as per norms.
- b) State FCI may be strengthened so that they can supply fortified Rice & Wheat Floor to PDS/Kotedar/Vendors for MDM, Anganbadi etc.



Thanks