





R.C. MEENA Joint Secretary (EE.I) Tel. 011-23389247 भारत सरकार

मानव संसाधन विकास मंत्रालय

स्कूल शिक्षा और साक्षरता विभाग

शास्त्री भवन

नई दिल्ली — 110 115

GOVERNMENT OF INDIA

MINISTRY OF HUMAN RESOURCE DEVELOPMENT

DEPARTMENT OF SCHOOL EDUCATION & LITERACY

SHASTRI BHAVAN

NEW DELHI-110 115

D.O. No. 14-5/2015-MDM- 1-2 (EE.5)

Dated the 25th September, 2018

Dear Secretary,

The month of September is being celebrated as "Rashtriya POSHAN MAAH. A joint D.O. letter signed by the Secretaries of Department of School Education & Literacy, Ministry of Women & Child Development and Ministry of Health & Family Welfare has already been sent to all Chief Secretaries. Further, a D.O. letter dated 31.8.2018 regarding activities to be carried out by School Education Department has also been issued. (Annexure - I)

- 2. I reiterate our request to kindly carry out the following activities in all schools in your State/UT:
  - Sensitization towards POSHAN at schools through audio video material available on POSHAN website.
  - ii. Awareness generation among adolescent girls on nutritional and health related issues.
  - iii. Discussions on POSHAN and Nutrition issues in the meetings of School Management Committee. In order to achieve convergence, the schools may also involve ASHA workers, ANMs, local doctors, scientists of Krishi Vigyan Kendras etc.
- 3. I appreciate the action being taken by the States and UTs. I also take this opportunity to inform that 17016 activities have been taken up by the States and UTs with 61,91,930 participants so far. A snapshot of the activities carried out and number of participants by the States and UTs as reported at the POSHAN website is attached at annexure –II.
- 4. You are, therefore, requested to kindly instruct all concerned to carry out the suggested activities and to increase the number of participant. The pictures of activities and number of participations may be uploaded on the Jan andolan website. (http://poshanabhiyaan.gov.in)

With regards,

Yours sincerely

Encl: As above

(R.C. MEENA)

Administrative Heads of Education Department









V Shashank Shekhar Joint Secretary Tel. 011-23389247 Email:v.shashank@nic.in भारत सरकार

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D.O. No. 14-5/2015-MDM- 1-2 (EE.5)

Dated the 31st August, 2018

Dear Secretary,

As you are aware, POSHAN Abhiyaan is a flagship programme of the Ministry of Women and Child Development (MWCD), Government of India, which ensures convergence with various other programmes of Government of India such as MDM. Ministry of Human Resource Development is a partner ministry in the POSHAN Abhiyan.

- 2. It has been decided during the 2<sup>nd</sup> meeting of National Council of POSHAN Abhiyan held on 24.07.2018 to celebrate "Rashtriya POSHAN MAAH to reach every Household with the message of Poshan" during the month of September, 2018. It was decided that the following activities may be carried out in your State/ UT during Rashtriya POSHAN MAAH under MDM to promote nutrition.
- Scnsitization toward POSHAN through Audio Video material at School, which is available at (<a href="https://drive.google.com/drive/folders/1qCy95ASz6hFfr25Tzu\_ygGU8SkLzqGF5?usp=sharing">https://drive.google.com/drive/folders/1qCy95ASz6hFfr25Tzu\_ygGU8SkLzqGF5?usp=sharing</a>). MWCD has also developed modules on Yoga which may be suitably utilised. (<a href="https://icds-wcd.nic.in/nnm/NNM-Web-Contents/LEFT-MENU/Guidelines/Yoga\_for\_Adolescent\_Girls\_English.pdf">https://icds-wcd.nic.in/nnm/NNM-Web-Contents/LEFT-MENU/Guidelines/Yoga\_for\_Adolescent\_Girls\_English.pdf</a>)
- ii. Awareness Campaign for adolescent girls: Awareness regarding use of millets, kitchen gardens, cleanliness, balance diet, consumption of green leafy vegetables and pulses, proper physical and mental development and safe menstrual health etc may be carried out in convergence with Department of Women & Child Development and Health & Family Welfare.
- iii. Meeting of school Management Committee: during the meetings of school management committee issues related to nutrition, good health, hand-wash, use of millets and kitchen garden, safe drinking water, use of water filters etc may be discussed during the POSHAN MAAH for greater dissemination of the issues on nutrition and health. Further this may be carried out in convergence with Department of Women & Child Development.

A joint letter issued from Secretary, Ministry of Health & Family Welfare, GOI, New Delhi, Secretary, Ministry of Women & Child Development, GOI, New Delhi and Secretary, Department of School Education & Literacy, GOI, New Delhi is also enclosed herewith for ready reference.

3. You may share the action taken report with this Ministry. The pictures of the activities mentioned above may be uploaded on the Jan Andolan Dashboard prepared by NITI Aayog. (visit the URL to reach the Jan Andolan Dashboard : poshanabhiyaan.gov.in). User Manual in this regard is attached herewith.

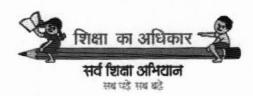
With regards.

Encl: As above

Yours sincerely,

WELLEN

To Administrative Heads of Education Departments



<b>Details</b>									
Administrative Level					Participants				
S.No	State	District Count	No of a	ctivities	Male Adult	Female Adult	Male Child	Female Child	Total
Grand Total			17	016	8.28.936	1.23.74.364	19,51,164	19.92,606	61.91.930
National		38		3.223	7.121	43.251	36.622	84,995	
	Name ©	Total #	1	6,978 •	8,25,713 +	1,23,67,243 •	19,07,913 🕈	19,55,984 🗢	61,06,935 \$
1	ANDAMAN & NICOBAR ISLANDS		3	0	0	0	0	0	0
2	KERALA		14	2	0	0	268	322	640
3	PUDUCHERRY		4	4	17	51	25	149	242
4	TAMIL NADU		32	3299	45,043	1,01,522	82,543	1,20,373	3,76,616
5	TELANGANA		31	176	7,586	15,045	12,589	13,765	49,275
6	UTTAR PRACESH		76	2115	75,029	1,70,278	1,80,420	1,89,153	6,09,050
7	ANDHRA PRADESH		13	785	73,980	1,04,470	6,29,733	6,12,420	14,18,346
8	KARNATAKA		30	63	989	2,396	1,234	1,341	5,651
9	DELHI		8	0	0	0	0	0	0
10	CHHATTISGARH		28	276	10,541	17,956	11,917	12,439	49,479
11	HIMACHAL PRADESH		12	116	7,176	15,677	7,571	8,856	49,986
12	MAHARASHTRA		37	6687	4,18,489	1,15,85,931	4,96,037	4,78,727	17,43,040
13	GOA		2	2	4	6	214	196	420
14	WEST BENGAL		23	0	0	0	0	0	0
15	UTTARAKHAND		13	14	551	2,134	1,724	1,626	6,049
16	TRIPURA		8	0	0	0	0	0	0
17	SIKKIM		4	0	0	0	0	0	0
18	RAJASTHAN		32	549	11,701	30,753	30,551	44,941	1,18,665
19	PUNJAB		22	155	720	1,879	1,424	1,679	6,104
20	ODISHA		30	0	0	0	0	0	0
21	MIZORAM		8	5	923	1,004	39	47	2,068
22	MEGHALAYA		11	23	155	579	341	368	1,391
23	MANIPUR		9	10	123	807	872	1,069	3,295
24	MADHYA PRADESH		51	1256	89,088	1,46,144	1,31,901		
25	LAKSHADWEEP		1	2	214			1,57,171	7,62,616
26	JHARKHAND		24	71		196	80	71	561
27	JAMMU AND KASHMIR		22	33	2,035 1,092	3,662	10,557	13,953	30,296
28	HARYANA		22	102	6,281	3,048	1,655	1,863	7,910
29	GUJARAT		33	347	54,830	11,127	2,714	2,923	30,016
30	DAMAN AND DIU		2	40	0		1,09,691	1,11,483	3,99,485
31	DADRA AND NAGAR HAVELI		1	2		0 55	0	0	6,500
32	CHANDIGARH		1	455		15,915	156 665	75	145
33	ARUNACHAL PRADESH		20	1		13,913	1,56,665	1,44,224	3,29,032
34	ASSAM		33	95	2,398	6,066	37	35	80
35	BIHAR		38	293	7,845	8,500	1,649	2,269	13,151
36	NAGALAND		11	0		The state of the s	35,447 0	34,446 0	86,826 0