D.O. No. 4-6/2018-MDM- 1-1 (EE.5)  
Dated the 6th September, 2019

Dear sir/madam,

As you are aware Millets are known as “Mota Anaj”. Jowar (Great Millet), Bajra (Pearl Millet), Ragi (Finger Millet), Arke (Kodo Millet) are the most prominent millets. Millets are rich source of calcium, iron, protein, fibre and other minerals which are essential for the growth and development of bones of the children.

2. You would agree that millets are nutrient dense complete food article and inclusion of millet and millet based recipe under Mid Day Meal Scheme (MDMS) will go a long way to address nutritional requirements of millions of children who face malnutrition. You are, therefore, advised to take suitable steps to identify the millets as per food habits in your States/UTs and include in the Mid Day Meals in preferred frequency

3. It will be highly appreciated, if you could kindly provide information on current position as well as the action taken to promote use of millet under MDMS.

With regards,

Yours sincerely,

(R.C. MEENA)

To,

The Education Secretaries/Nodal Officer for Mid Day Meal in all the States/UTs