



**R.C. MEENA**  
Joint Secretary (EE.1)  
Tel: 011-23389247



सूचना का  
अधिकार

भारत सरकार  
मानव संसाधन विकास मंत्रालय  
स्कूल शिक्षा और साक्षरता विभाग  
शास्त्री भवन  
नई दिल्ली - 110 115  
GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY  
SHASTRI BHAVAN  
NEW DELHI-110 115

D.O. No. 14-5/2015-MDM- 1-2 (EE.5)

Dated the 30<sup>th</sup> August, 2019

Dear *Sir/Madam*,

Kindly refer to my earlier D.O. letter of even number dated 30.08.2019, (copy enclosed) regarding celebration of "Rashtriya Poshan Maah" across the country in September, 2019.

2. It is requested that the following activities may also be carried out during Poshan Maah in addition to the activity mentioned in the above letter i.e.: "The programme to develop Kitchen Gardens and Eco Clubs in schools be taken up in a big manner".

- i) A session on benefits of Kitchen Gardens must be held in each school for children to create a successful, sustainable garden using organic method.
- ii) A rally and quiz on School Nutrition Garden and nutrition should be organized at village, block and district / state level so that entire community irrespective of age is aware.
- iii) An awareness generation among adolescent girls on nutritional and health related issues.
- iv) Video Session/discussion in every school on nutrition.
- v) Sensitization towards POSHAN at school through audio video material available on Poshan website.

3. I would, therefore, request you to kindly ensure that the above activities may be carried out in making Rashtriya Poshan Maah, 2019 a successful implementation in your States/ UTs.

With regards

Yours sincerely,

Encl: As above:

(R.C. MEENA)

To.

The Education Secretaries/Nodal Officer for Mid Day Meal in all the States/UTs

