



भारत सरकार  
शिक्षा मंत्रालय  
स्कूल शिक्षा और साक्षरता विभाग  
शास्त्री भवन  
नई दिल्ली - 110 115  
GOVERNMENT OF INDIA  
MINISTRY OF EDUCATION  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY  
SHASTRI BHAVAN  
NEW DELHI-110 115

**R.C. MEENA**  
**Joint Secretary (EE.I)**  
**Ministry of Education**  
**Tel: 011-23389247**

D.O. No. 4-2/2020-MDM- 1-1(EE.5)

Dated the 28<sup>th</sup> September, 2020

*Dear sir / madam,*

Please find enclosed a D.O. letter from Hon'ble Minister of State for Agriculture and Farmers Welfare, for exploring the feasibility of inclusion of Honey and Mushroom under Mid Day Meal Scheme.

2. Honey is a complete meal containing major components of meal and micro-nutrients that enhance digestion and absorption of major dietary components. There have been extensive steps taken by M/o Agriculture and Farmers Welfare for overall development of Beekeeping and developed awareness in farmers and other stakeholders leading to substantial increase in honey production in India.

3. Mushroom is proven super-food. Supplementation of mushroom base recipe in mid-day meal will bridge the protein deficiency gap. Mushroom is also rich in folic acid which is beneficial for brain health. It also contains Vitamin B2, Potassium, Copper, Zinc as well as Vitamin D which rarely found in vegetable food. M/o Agriculture and Farmers Welfare under National Horticulture Board has taken various steps to promote mushroom cultivation in India.

4. Considering the nutritional value and other positive benefits of honey and mushroom, you are advised to take suitable steps to include these food items under Mid Day Meal Programme. I shall appreciate if an action taken note is provided to us in this regard.

With regards,

Yours sincerely,

(R.C. MEENA)

All the Secretaries/Chief Secretaries of States/UTs

