



सूचना का
अधिकार

R.C. MEENA
Joint Secretary (EE.I)
Ministry of Education
Tel: 011-23389247

भारत सरकार
शिक्षा मंत्रालय
स्कूल शिक्षा और साक्षरता विभाग
शास्त्री भवन
नई दिल्ली - 110 115
GOVERNMENT OF INDIA
MINISTRY OF EDUCATION
DEPARTMENT OF SCHOOL EDUCATION & LITERACY
SHASTRI BHAVAN
NEW DELHI-110 115

D.O. No. 4-5/2020-EE.5 (MDM 1-1)

Dated the 11th November, 2020

Dear Sir / Madam,

As you are aware, "5th Ayurveda Day", is being celebrated on 13th November 2020. The Objective is to focus on strengths of Ayurveda and its unique treatment principles, to work towards reducing the burden of disease and related mortality by utilizing the potentials of Ayurveda. Thus, Ayurveda Day is more an occasion of re-dedication to the profession and the society, than one of festivities or celebrations.

2. In India, Ayurveda, is not just a medical system, but a manifestation of our symbiotic relationship with nature. It is a well-documented systems of healthcare, wherein prevention of disease and promotion of health are both given due consideration. The main aim of the day is to create a sense of awareness in today's generation and promote Ayurvedic principles of healing in society.

3. Ayurveda Day is being celebrated to spread awareness on the importance of Ayurveda in our daily lives. The Day is observed to focus on the strengths of Ayurveda and its unique treatment principles. Celebration of this occasion annually helps youth and children of the country to be aware of the significance of Ayurvedic traditions of this great nation.

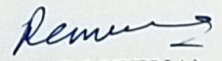
4. To celebrate the soul of "5th Ayurveda Day" while adhering to COVID-19 protocols, Department of School Education and Literacy, Ministry of Education, Government of India in collaboration with the Ministry of Ayush, shall conduct **quiz competition** for youth and children on mygov.in portal (Details of competitions is given at Annexure -1). This year Ayurveda day celebrations shall continue till 30th November 2020.

5. You are therefore requested to disseminate this information to all schools and colleges in your respective States / UTs and encourage maximum participation.

Let us join hands to celebrate the 5th Ayurveda Day in its true spirit by involving our future generations through the quiz competition.

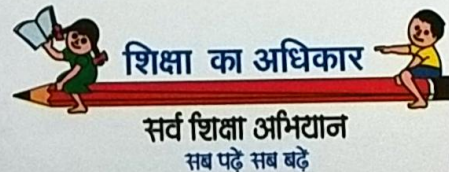
With regards,

Yours sincerely,


(R.C MEENA)

To

The Education Secretaries of all States and UTs.



5th Ayurveda Day

Quiz competition on MyGovplatform

1. On the occasion of celebrating the “5th Ayurveda Day”, Department of School Education and Literacy, Ministry of Education has decided to conduct online quiz competitions for youth and children through MyGov platform.
 - ❖ **Theme:** Plants usefulness in Air purification and management of COVID 19 through Ayurveda”
 - ❖ **Duration:** 13th November to 30th November 2020.
2. The aim of this quiz is "The main objective of organizing variety of programmes is to promote national integration among the youth and children well as maintain the unity and integrity of the country.
3. The Quiz can be accessed at the linkmygov.in.
4. Participants who get all answers right shall automatically receive an online certificate from Director NCERT through this My Gov platform.
5. Registration Process For entering the above quiz competition, the following **mandatory** information will be required from the participants on My Gov
 - a. Name of participant
 - b. Studying in class
 - c. Age
 - d. Name of school / college
 - e. Address of school
 - f. State/UT in which school is located (drop down option)
 - g. Mobile number and email id of self/parent/guardian