



भारत सरकार  
शिक्षा मंत्रालय  
स्कूल शिक्षा और साक्षरता विभाग  
शास्त्री भवन  
नई दिल्ली – 110 115  
GOVERNMENT OF INDIA  
MINISTRY OF EDUCATION  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY  
SHASTRI BHAVAN  
NEW DELHI-110 115

R.C. MEENA  
Joint Secretary (EE I)  
Ministry of Education  
Tel: 011-23389247

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*Respected Sir / Madam,*

As you are aware POSHAN Abhiyaan (National Nutrition Mission) – PM's Overarching Scheme for Holistic Nourishment was launched by the Hon'ble Prime Minister on 8<sup>th</sup> March, 2018. The programme strives to reduce the level of stunting, under-nutrition, low birth weight in children and anemia in adolescent girls, pregnant women, lactating mothers as well as children. This is an ongoing programme.

2. Ministry of Education is a partner ministry in POSHAN Abhiyaan. We are celebrating "**Rashtriya Poshan Maah**" during the month of September, 2021 to further accelerate various activities under POSHAN Abhiyaan and to create a "**Jan Aandolan**" in the process by adhering to COVID-19 protocols. This year it has been decided to carry out a series of activities during this month as mentioned below:

- i. Schools to carry out POSHAN Assemblies with students in virtual/physical mode to discuss malnutrition, its impact on society and value of healthy and balanced diet.
- ii. E-quiz focusing on malnutrition, nutrition awareness to be organised by centre through MyGov portal and States/UT through their own platform.
- iii. A special plantation drive in school Nutrition (Kitchen) Garden may be carried out as was already advised during the recently held Programme Approval Board Meetings with the States and UTs.
- iv. SWAYAMPRAKASH channels of Ministry of Education will also telecast programmes on POSHAN Abhiyan during POSHAN MAAH.
- v. Parent Teacher Meeting (PTMs) may be held in online/offline mode by all school/class teachers with parents with regard to nutrition and its relationship to physical and mental health and wellbeing.
- vi. Social Audits of MDM benefits may be initiated in the month of September by all States and UTs.
- vii. The portion in the NCERT curriculum on nutrition and physical health in all grades may be covered by all schools in the month of September.

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